**Phase 1 FAQs**

**Tips for Phase 1 Early Years GP Placement**

**General**

* Travel to GP with your group, it will make the journey more enjoyable.
* If your group decides to split up the learning objectives, try to briefly go over each point in your free time so you have a good understanding of them
* Before taking the patient’s history, jot down a few ideas on a piece of paper to prevent awkward pauses
* Do a cake rota because it helps to break the ice
* Ask as many questions as you can. You are in Phase 1 and so it is OK not to know and this is expected
* Get IM injections done on this placement or the GP placement in 3a

**Chesterfield, Avenue House Surgery**

* Only 10 min walk from the train station in Chesterfield but if you drive, there is a big car park a few mins away (you do have to pay for parking).

**Tips for MPE**

**General**

* When you find out your allocations, try to find someone with a car if you’re not in Sheffield.
* Pre make your lunches to save money
* This is a good opportunity to get to know some new people
* Find a friendly doctor/nurse and stick with them (as much as possible)
* Don’t be scared to ask to go to different wards
* Don't expect to know what's going on! Just treat it as work experience and get involved where you can
* Sign up for the PTS MPE Scheme
* This is a great opportunity to familiarise yourself with a hospital.
* Have some goals you want to achieve to tell the people on the wards so they can help with your learning
* Get involved in any way possible - do obs, bed baths etc.

**Doncaster**

* The park and ride system is the easiest way to commute to the hospital and is a safe place to leave your car

**General Phase 1 Tips**

* Don’t stress if you don’t remember everything from lectures- often there’ll be a lot more than you need to know for exams.
* Slow and steady with the work!
* Make good notes on ILA sessions as they are likely to come up in the summative assessment
* When on placement, try and push yourself to learn the clinical skills such as examination and history-taking
* Don’t forget to revise IMMS